



Reader 1: \_\_\_\_\_ Date: \_\_\_\_\_

Reader 2: \_\_\_\_\_

Reader 3: \_\_\_\_\_

### Words to Preview

### Point & Say

- 1 **muscle** – an organ made up of tissues that produces movement in the body.  
*The **muscle** in my legs help me run quickly.*
- 2 **heart rate** – how fast or slow the heart beats.  
*I was exercising, so my **heart rate** went up.*
- 3 **digest** – to break food down in the body so it is usable.  
*After you eat a big meal, your stomach will **digest** the food into smaller pieces.*

weigh  
language  
protects

*Note: Hyphenated words count as one word.*

## The Brain

### READER 1

The human brain is inside the skull. The hard skull protects the soft brain. 14  
 An adult brain weighs about three pounds. The brain has two sides. Both 27  
 sides are bumpy and gray. The brain looks a bit like a large, gray walnut. 42

There are many words for the brain. Some people call it the mind. Some 56  
 call it the noggin. They say, "You need to use your noggin!" Since the brain 71  
 is gray, sometimes people also call it "gray matter." 80

### READER 2

The brain is not a muscle, but it acts like one in some ways. Just like with a 98  
 muscle, exercise helps the brain. The brain's exercise is different from other 110  
 exercise though. The brain gets exercise when a person thinks. You exercise 122  
 your brain when you think in new ways. You can read, work on puzzles, or 137  
 learn a new language. You can exercise your brain in many other ways, too. 151



### READER 3

The brain takes care of everything in the body. The brain tells us if we are hungry. It tells us if we are hot or cold. The brain is in charge of our senses: sight, smell, hearing, touch, and taste. The brain is also in charge of what we say and do. It tells us to say hello to a friend. It tells us to walk or jump. The brain also controls your breathing, your heart rate, and digesting your food.

The human brain can do many things. It allows us to think, plan, speak, move, cry, laugh, and dream. Take care of your brain. Eat healthy foods, and get plenty of sleep. Make sure to wear a helmet if you ride a bike! We only get one brain. It is our job to take care of it.

167  
185  
200  
220  
232  
246  
259  
275  
289

		Reader 2		Reader 3	
Calculation Boxes	Reader 1	Number of Words at Bracket			
		Subtract: Number of Words at Subhead	-80		-151
	Number of Words at Bracket	Equals: Number of Words Attempted			
	Subtract: Number of Errors	-			-
	Equals: Words Correct per Minute (WCPM)	Equals: Words Correct per Minute (WCPM)			
	Accuracy Percentage	%		%	%



### Mark It!

1 j u d g e

2 s t r a p

3 m a t c h

4 f u d g e

5 s c r a p

6 s p l a s h

7 r i d g e

8 h u t c h

9 s p r i n t

10 w e d g e

11 s t r u c k

12 t e m p t

### Read It!

1 judge

2 match

3 ridge

4 scrap

5 strap

6 struck

7 splash

8 fudge

hutch

fudge

tempt

wedge

ridge

judge

sprint

match

strap

splash

struck

sprint

hutch

scrap

wedge

tempt



# Word Sort

Underline trigraphs with one line and 3-sound blends with three separate lines. Place a checkmark in the appropriate column, and circle the correct number of phonemes.

### CHALLENGING

1 ledge

2 split

3 batch

4 strum

Trigraph	3-Sound Blend	How many phonemes?					
✓		1	2	③	4	5	6
		1	2	3	4	5	6
		1	2	3	4	5	6
		1	2	3	4	5	6

### MORE CHALLENGING

5 Dutch

6 scratch

7 botch

8 glitch

Trigraph	3-Sound Blend	How many phonemes?					
		1	2	3	4	5	6
		1	2	3	4	5	6
		1	2	3	4	5	6
		1	2	3	4	5	6

### MOST CHALLENGING

9 prompt

10 strict

11 script

12 splint

Trigraph	3-Sound Blend	How many phonemes?					
		1	2	3	4	5	6
		1	2	3	4	5	6
		1	2	3	4	5	6
		1	2	3	4	5	6



### CHALLENGING

- 1 to catch a small finch (5)
- 2 sprint to the tall bridge (5)
- 3 did hatch a quick plan (5)
- 4 scrap the last math test (5)

### MORE CHALLENGING

- 5 stretch and twist in bed (5)
- 6 fix the brass strap on my pack (7)
- 7 gasp and dodge the stench of trash (7)
- 8 will itch and scratch the patch on her back (9)

### CHALLENGING

- 1 Fran will blush if her new pants split. (8)
- 2 Can we have lunch or brunch with Josh? (8)
- 3 Do not scratch the rash or you will get a scab. (11)
- 4 My Dutch frog will jump and splash in the ditch. (10)

### MORE CHALLENGING

- 5 How fast can you sprint to the bridge and back to me? (12)
- 6 Rush to the top of the ridge and put a wedge in the back edge of the shed. (18)
- 7 Zack was hit in the chin with a quick pitch when he did not dodge the fast ball. (18)
- 8 Liz was with Mitch by the black splotch at the top of the ridge, and we saw them kiss. (19)



# Word Creation

Add a trigraph or a 3-sound blend to either the beginning or the end of each word part to create a real word. There may be more than one correct answer.

### Trigraphs

dge  
tch

### 3-Sound Blends

str      spr  
spl      scr  
mpt

### Word Parts

### New Real Words

1

ba

**badge**

2

te

3

ap

4

pa

5

pro

6

twi

7

at

8

ing

### CHALLENGE YOURSELF

Combine a 3-sound blend and a trigraph with the given vowel to create a new word.

### Word Parts

### New Real Words

1

a

2

e

3

o