



Reader 1: _____ Date: _____

Reader 2: _____

Reader 3: _____

Words to Preview

Point & Say

1 **organs** – parts of the body that perform specific functions, such as the heart that pumps blood, the lungs that breathe oxygen, and the liver that takes poisons out of the body.
*The **organs** in the body, like the heart, lungs, and liver, keep our bodies working.*

.....
joints

protects

2 **vital** – necessary or essential.
*In order to stay healthy, it is **vital** to exercise and eat fruits and vegetables.*

3 **fuse** – to join together.
*Many bones **fuse** together as a child's body grows.*

4 **calcium** – an element that is necessary for strong bones; calcium is found in dairy foods, such as milk, cheese, and yogurt, as well as in other foods, such as broccoli and salmon.
*Bones need **calcium** to stay strong.*

Note: Hyphenated words count as one word.

The Skeleton

READER 1

The skeleton is made up of the bones in a person's body. The skeleton gives shape to the body. 15
19

Bones are hard and do not bend. A person's bones are very strong, but they are also light because they have little holes inside them. The places where they join are called joints. Joints help a person move in different ways. Animals have skeletons, too. An animal's skeleton also helps it move and gives shape to its body. 33
46
59
71
77

READER 2

The skeleton holds up a person's muscles and skin. It also protects the vital organs. Vital organs are the organs that a person needs to live. The heart, lungs, and brain are some of the vital organs. 91
105
114



All bones are important. The skull, ribs, and spine are some of the most important bones. The skull is the hard bone that protects the brain. The skull also gives shape to a person's face. 128
142
149

Ribs are long, thin bones. They are shaped like a cage. The rib cage protects the heart, lungs, and other organs. 163
170

READER 3

The spine is a long group of bones along the back. It helps you stand up. The spine and brain work together to help a person walk. 186
197

Babies have more bones than adults. An adult's skeleton has 206 bones. A baby is born with about 300 bones. As a child grows, many of the bones fuse together. A baby has a soft spot on the top of its head. The skull bones have not joined together yet. These bones will fuse together by the time the child is two. 209
225
242
255
259

It is important to keep bones strong. Bones need calcium. Calcium is found in milk, cheese, broccoli, and other foods. Eating foods with calcium helps keep bones strong. Exercise can also help keep bones strong. Exercise often and eat foods with calcium to keep your skeleton strong. 272
284
296
306

| | | Reader | Reader | Reader |
|---|---|---|--------|--------|
| | | 1 | 2 | 3 |
| Calculation Boxes | | Number of Words at Bracket | | |
| | | Subtract: Number of Words at Subhead | -77 | -170 |
| Number of Words at Bracket | | Equals: Number of Words Attempted | | |
| Subtract: Number of Errors | - | Subtract: Number of Errors | - | - |
| Equals: Words Correct per Minute (WCPM) | | Equals: Words Correct per Minute (WCPM) | | |
| Accuracy Percentage | % | Accuracy Percentage | % | % |



Mark It!

1 c a b i n

2 c o n f l i c t

3 r a d i s h

4 u n p l u g

5 c a t f i s h

6 f i n i s h

7 d e n t i s t

8 i n s e c t

9 b e d b u g

10 m i l k m a n

11 m a g n e t i c

12 v o l c a n i c

Read It!

1 cabin

2 milkman

3 catfish

4 volcanic

5 unplug

6 conflict

7 bedbug

8 dentist

unplug

conflict

insect

finish

radish

magnetic

volcanic

milkman

dentist

radish

magnetic

bedbug

catfish

cabin

finish

insect



Word Sort

Underline the vowels. Count the number of vowels to help you circle the correct number of syllables.

CHALLENGING

- 1 limit
- 2 wish
- 3 laptop
- 4 split

How many syllables?

| | | |
|---|---|---|
| 1 | 2 | 3 |
| 1 | 2 | 3 |
| 1 | 2 | 3 |
| 1 | 2 | 3 |

MORE CHALLENGING

- 5 epic
- 6 inhabit
- 7 tennis
- 8 chap

How many syllables?

| | | |
|---|---|---|
| 1 | 2 | 3 |
| 1 | 2 | 3 |
| 1 | 2 | 3 |
| 1 | 2 | 3 |

MOST CHALLENGING

- 9 fantastic
- 10 basketball
- 11 inject
- 12 public

How many syllables?

| | | |
|---|---|---|
| 1 | 2 | 3 |
| 1 | 2 | 3 |
| 1 | 2 | 3 |
| 1 | 2 | 3 |



CHALLENGING

- 1 children had a contest (4)
- 2 will splash in my bathtub (5)
- 3 had eggnog in our cabin (5)
- 4 saw a mantis at the fishpond (6)

MORE CHALLENGING

- 5 catch the insect in the cobweb (6)
- 6 take a candid shot of the bobcat (7)
- 7 dentist will give a pretty plastic rabbit (7)
- 8 to help submit and publish the new script (8)

CHALLENGING

- 1 Lilith will bring a tennis racket to Memphis. (8)
- 2 You should limit how much you spend on a bobsled. (10)
- 3 Did I express that I cannot take a test at an unlit desk? (13)
- 4 How did all the catnip get into the cobwebs by the fridge? (12)

MORE CHALLENGING

- 5 Justin put the catfish and the plastic wombat in the bathtub. (11)
- 6 I think the traffic in Tibet will vanish after sunset, so do not stress. (14)
- 7 Will Ingrid zigzag to the annex after the fantastic athletic contest? (11)
- 8 Do not have a tantrum if your classic pumpkin from Wisconsin has a crack. (14)



Match It!

Draw a line to connect the syllables that will spell a real word. Write the whole word on the line.

1. at sect **insect** _____
 gos cot _____
 in tic _____
 mas sip _____

2. ex tis _____
 ban bag _____
 hand dit _____
 man tend _____

3. cob cup _____
 fab top _____
 hic web _____
 lap ric _____

4. con dex _____
 fin test _____
 in ish _____
 lim it _____

5. den lock _____
 nap wick _____
 sand kin _____
 un tist _____

6. traf ish _____
 dish nic _____
 rad fic _____
 pic pan _____

CHALLENGE YOURSELF

Create new real words with these syllables. You may add a letter to the given syllable to form a new syllable. (Example: ten+d = tend; extend).

- 1 kin **napkin** _____
- 2 top **laptop** _____
- 3 ish **radish** _____
- 4 ten **extend** _____